# WEST VIRGINIA'S EXPANDED SCHOOL MENTAL HEALTH INITIATIVE

# **Reducing Barriers to Learning**

#### VISION

Every student in WV will benefit from a school environment that supports social and emotional well-being to achieve his/her full potential.

## MISSION

To develop and strengthen policies, practices and services that promote learning and social- emotional well-being for all of WV's youth through a collaborative process that engages schools, families, and community based agencies.

## **GOALS**

- 1. Oversee and refine a state-level infrastructure that supports collaborative, integrated, interagency approaches to sustain Expanded School Mental Health.
- Implement a strategic communication plan to demonstrate that mental health programs are necessary and integral to students' academic enrichment and success in school.
- 3. Define a collaborative ESMH model that addresses the context and meets the needs of WV's students and communities.
- 4. Develop WV standards and protocols to ensure quality and fidelity of the ESMH model.
- 5. Create an evaluation design and reporting process that informs funders and stakeholders about ESMH outcomes and progress in WV.
- 6. Provide technical assistance that will improve quality and capacity for ESMH in local communities.
- 7. Develop a plan to sustain existing and create new comprehensive school mental health models.

#### STUDENT OUTCOMES

- Improved academic performance
- Increased graduation rate
- Improved school attendance
- Improved school functioning/behavior
- Improved social-emotional well-being
- Reduced barriers to learning

## **VALUES AND PRINCIPLES**

- Social well-being is critical to school success
- School mental health programs are a shared responsibility of health and mental health agencies, schools, parents and the community at large.
- SMH programs should be strengths- based, student and family-centered, developmentally and culturally sensitive
- Families, teachers, students and other important groups should be actively engaged in the program's development, oversight, evaluation, policy and continuous improvement.
- All students will have access to the full continuum of school mental health services and supports regardless of ability to pay
- Coordination and collaboration with other systems of care outside and within the school is essential
- Programs and services should focus on a positive school climate, reducing barriers to development and learning, and be based on evidence of positive impact.
- Quality assessment and improvement activities continually guide and provide feedback to the program.
- Staff hold to high ethical standards, are committed to children, adolescents, and families, and display an energetic, flexible, responsive, and proactive style in delivering services.

The ESMH Initiative is a collaborative project of the West Virginia Department of Education and the West Virginia Bureau for Behavioral Health and Health Facilities. For more information: <a href="mailto:info@wvshtac.org">info@wvshtac.org</a>.